Meals on Wheels of Contra Costa, Inc





Fall 2008

Partners in service to the community

"You know what? It's my privilege. I call them all my extended family." That is how two wonderful volunteers, Katherine McDonald and Joan Kunzie describe their service to the community as partners delivering Meals On Wheels over 17 years.

Katherine and Joan formed their partnership back in 1991. Katherine, a very busy homemaker raising 7 children and Joan, a retired school teacher, made the commitment as friends to get together and volunteer to deliver Meals On Wheels one day each week. Two years later, Joan returned to work while Katherine continued "Meals On Wheeling."

Just about this time Katherine decided to take on a second day delivering meals and enlisted two other longtime friends to "come along for the ride." They too became long-term Meals On Wheels volunteers. During those years Katherine and Ann Schmershal (then 80 years young) and Gwen Hoffmann have delivered thousands of nutritious meals to their frail neighbors. Katherine jokes that she "drove my Dodge Caravan into the ground," adding "but I have no regrets."

And, in 2006, as the fates for long-term close friendships would have it, Joan and Katherine were back together again, driving, navigating, knocking on doors, delivering, and—most importantly—laughing and enjoying themselves while performing a critical service for their community. The two are as concerned as ever about the elders they so conscientiously serve and check in on each Wednesday and Thursday, 52 weeks a year.

We estimate, conservatively, that Katherine and her wonderful friends and driving partners have delivered 51,600 nutritious meals over the past 17years, given 103,000 beautiful smiles, and provided perhaps millions of warm and much needed words of love and encouragement.

Congratulations, Katherine and Joan, and THANK YOU.



Joan delivering a meal

Weathering the financial "Perfect Storm"

Dramatic increases in homebound elders seeking Meals on Wheels, recent government funding reductions and declining public contributions may create the financial "perfect storm" for Meals on Wheels in 2009.

Thankfully our Meals on Wheels of Contra Costa Board of Directors has always insisted we maintain a modest contingency reserve fund in good years, so that we can maintain services for our frail homebound elders in lean years like these.

We finished fiscal year 2008 in the red, meaning that a portion of our reserves were needed to make sure every nutritionally at-risk homebound elder needing Meals on Wheels was served. We expect a second year of red ink in 2009, but still hope to avoid reducing Meals on Wheels services for our homebound elders.

We remain optimistic that the continued generosity of you, our donors, will help Meals on Wheels weather this and future financial storms to continue our vital work.

Inside this issue...

- Honoring our Major Donors
- Years of support from San Joaquin Yacht Club
- Friends & Loved Ones
 Remembered
- * Who we are!
- Auto parts store supports MOW
- Remembering MOW

THANK YOU to our Major Donors: October 1, 2007–September 30, 2008

Every donation to Meals on Wheels makes a difference for our frail nutritionally at-risk homebound elders who need Meals on Wheels to maintain their health and independence. Space limitations prevent us from acknowledging in print our more than 6,600 wonderful and most generous individual donors annually. Some workplace donors may be omitted for lack of complete donor information in a timely manner. Please rest assured that each and every donation to Meals on Wheels of Contra Costa makes an important difference for homebound elders throughout the county

President's Circle: \$10,000 or more Davis, Dick and Beverly Friedmann, Peggy and Nadav

Y & H Soda Foundation **Benefactor Gold:**

\$5,000-\$9,999.99 Anonymous Anonymous Couple Anonymous Lawrence Livermore National Laboratory

Benefactor Silver: \$1,000-\$4,999.99

Abel, John Alan and Cheryl Adelson, Eliot and Julia ARK Foundation Baker, Richard O. **Barclays Global Investors** Britt, Donald A. California Grand Casino Camouse, James A. Caton, Ronald Caton, Vickie ChevronTexaco Employees Community Health Charities Agency Condit, Mark Cooper, Marilyn I. Cowee, Bruce and Angela Cross, K. Patricia Fairchild, Yvonne M. Fisher, Yvonne Gallo, S. A. and RhondaRaeBeaty Goodman, Douglas Hagen, Peter M. Hess, Rachel B. and Jeffrey D. Hill. Charles D.

Hughes, Dorothy M. and Walter Don Latteri, Ron and Ashley Libby, Richard A. Martin, Donald and lovce Mc Creary, Thomas and Frances $\stackrel{\cdot}{\text{Mechling, William E.}}$ Miller, Dale G. Minney, Valerie and Paul Morgan, Patricia and Thomas Nathan, Dorotea Newacheck, Estere and John O'Connor Thomas Ray Benton Family Ross, Martha Packard and John M.

Rotary Club of Danville/Sycamore Valley Community Foundation Rotermund, Olga and Maynard Russell, Gregory and Anne Scarlott, Christina and Darrell Scott, Donald and Willa SLR Group, Inc. Spinelli, Nancy Sunshine House Kid Zone, Inc. Taylor, Conrad G. The Donald & Carole Chaiken Foundation Traversaro, Gene Tyler, James

Van Loben Sels Vesely, Karen Jane and Jeffrey M. Witt. Robert and Myrna

Patron: \$500-\$999.99

Adams, Abraham and Nancy White Barry, Dennis and Martha Suzanne Bigornia, Soonae and Antonio Billy, Dale M. and Wendy S. Bolles, Richard Bordelon, Bruce Joseph and Iola Rita Bowles, Robert R. and Elizabeth S.

Brand, Christine Breed Scott Burch, Jean Campbell, Abby and Scot Campell Precision Products Corp. Candido, Donna L. and Daniel R. Cassady, George Cavazza, Aldo and Pearl Chang, Ross H. Chase, Theodore Cherry, Kenneth

Christensen, Merle and Helen Cimino, Judith Claus, William and Jeanne Clayton Business & Community Association Collins Smith, Cherida Cook, lack Cosgriff, Elizabeth Crampton, Gloria and Lee Cross, Deborah and Kevin Curtis, Daniel and Linda Dathe, Elaine and Stephen Dayton, David Debarrows, Clarence Declerck Michael I

Dennis, Barry Dutra, Liesa Edwards, John S. and Betty C. Eid, Dennis Elliott, Vicki and William Ferlise, Michael Jay Freestone, Iulie Garelis, Harriet Geier, Karl and Kathleen Gerler, J.

Gilliland, Victoria and James G. Jr Girvan, Daniel J. and Lynn A. Glennon, Steve Gould Phyllis Gremore, Margaret Gutierrez, Robert Guy, Patricia

Hagar, Debbie Hardacre, Lori Hardy, Joseph Heibel. Norman and Harriette

Heydon, Harlan and M. Higginbotham, Jeffrey R. and Frances D.

Howard, Teresa R. and Dennis L. Israel, Lou Jacobson, Matt D. and Margaret E. Jarocki, Paul and Gail lefferson, Donna Johnson, Ola Paulette Kellogg, Oliver L.

Kunios Auto Repair Lewis, Kevin Lezzeni, Helen E. Lindemuth, J. and Helen Loeliger, Scott Lorenzetti, Fred Lorie Cynthia and Gallo Michael

Luthy, Shary K. and David MacDonald, Ruby Maher, Christopher Martin, Edna Martinez Rotary Club

May Valley Neighborhood Council Mc Closkey, Ida McCorduck Properties, LLC Mclendon, Gilbert Mitchell, Edward Morain, Patricia Ann

Nagata, Susan S. and Paul S. Nygaard, Genevieve S. Oki, Lisa and leffrey

Pabianek, Leszek and Beata Patterson, Joyce and James M. Peacock Yolanda and William H Peirano, James and Christine Perry, Sondra and Robert Petrich, Sharon

Phillips, Susan and Robert Pierce, Tamara D. and Allen Pinkoski, Stanley Plummer, Louis F. Pohlson, Debra Pollitt, Vickie Ricksen, Larry C. and Susan S.

Roach, Shirley Rossmoor Rotary Charitable Trust Rothschild Michael and Debra Rumsey, Margaret Sattler, Dorothy

Schalich, William C. and Elizabeth A. Schmidt, Roy Schwab Fund for Charitable Giving Seabolt, Betty

Searls, Niles and Lena Seely, Yvonne and Peter Sherman, Mary Shipp, Robert and Julie Short, David and Eileen Smith, Patricia and Alan

Soc. Carol St. Paul's Episcopal Church Stong Plambeck, Kathleen Sunayama, Doris Swenson, Patricia

Taflya, Aleksandr Templeton, David and Lieselotte Tiffany, Barbara Totten, Lawrence J. and Deveney Townley, Paula

Villareal, Rizal Vivendi Holding Corp. Walker, Carol Webb, Arthur and Karen Wiley, Elizabeth

Wilson, Thomas Wise, Frances E Young, Walter Youngdale, Dara Zio Fraedos., Inc

Partner: \$250-\$499.99

Aiken. Dawn Alciati, Judith Alves Wendi I Ammerman Family Trust Anderson, Wilma Anthony, Alice Antone Darla Arnold, Kathleen Artale, Ronald I, and Christina P. Arth, Josephine and Michael Ash Kenneth and Connie Baake, Valerie Badger, Clarence Bank of America Matching Gifts Barber, Ron and Kathleen Barnes, Barbara Barry, Michael and Linda Bartholomew, Sally Bartz, Debra Bates, Viola Battle, Robert C. Bauman, John G. and Zuzana Benz, Regina L. and Greg D. Bernard Steven Bingenheimer, R. L. and Sarah E. Bishop, Gerry BOBAC C.F.S. Corporation

Booker, Gerald

Boorda, Timothy Boozenny, Alex and Sybil Bordow, Richard A. and Liz Kahlenberg Hellman, Lawrence Rorenstein Severin and Stewart, Margaret A.

Bradish, Joy Brady, L. S. and Larry Broomall, Ray and Sue Buckley, Michael and Brenda Burdick, Janet Burton, Diane Butala Kathy and Michael

Callahan, William and Ann Caprile, Janet L. Carter, Lynn Castain, Carmen Castner, James Caven, Maria J. and Frederick T.

Chan, Rebecca Y. Chen, John and Sherry Christiansen, Susan and Lloyd M. Clark, John Christopher and J. Susan Conneally, Sr., James

Cornelison, Steven and Michelle Countryman, lames Cox Karen Crompton, Louis

Curtis, MD, Jeffrey L and Nancy H Dajani, Sylva Daniel Tenenberg Daniel, Marinell Davis, Beatrice K Dawson, Deborah Day, Karen Day, Mildred A.

Derrick, Margery Dill, Phyllis Dillow, Merrie and Robert Dobson David Dovey, Darlene

Drummond, Sheree Ann and Glenn W. Duarte, Gerald and Patsy Dubitzky, Mary Durant, David Durkee, Michael P. Easterly, Elizabeth Ebersole, lanet Z. Edward Campbell

Edwards, James and Karen Elaine Enge, Jackie and Randy Erickson, Oscar and Marilyn Eriksen, Mark and Sharon Esparza Lura Fay, Diane and Gerald

Feldman Lewis Ferriera, Edith F. Fischer, John R. and Marjorie H. Floyd, Mary and Brad Foehr, Matthew Fontana, Leo Ford Claire

Frederick, Christine Freudenthal, Margaret Fry, Alice J. and Charles L. Galliett, Marie E. Ganch, Robert Garrison, William and Bernice

Gilmore Gloria Giroux, Iosephine V. Golden Gate Assoc. of Health Underwriters Gower, Kristine K.

Grant, Janet and H. Donald Green, Joseph Groszklewicz, Susan and Ted Hagerty, Sandra Haritatos Edith Harris Donna

Hattum, lames H. Hauntsman Dehra M Hallum Frank Herrmann, David Herzmark, Paul and McCormick, Sheila Michelson, Marilyn and Timothy

Hightower, Max and Irene Hildebrandt, Darlene Hillman, lanet R. Holdrich, Lydia Holland, Carol and Jerome Holm, Judith and Chester Holmes, Linda I. Holt. Thomas

Horning, Emmabelle and Richard Horsfall Mrs William Houdashelt Sharon and Robert Howison, Marianne and James Hoyer, Roger

Hubert, Garry Huebsch, Ian O. Hughes, Donald H. & Ann V. Hughes, Milton

Hungerford, Fay V. and Daniel M. Hurrell, Susan Iroko, Akin Ivas. Mary Jarvis, Robert

lewell, Mary and Peter Johnson Kimberly lones, Linda and Kenneth Jurica, John M. Just Packards Kaufman, Bruce Kellysmith, Candyce Kennedy, Dudley Ketelhut, Trudy K. Kilarr, Constance

Kirby, J. Klein, Kathy Knapp, Arthur Knapp, Daniel Knox, John and Aracely Kraintz, A. Paul and Mary S. Krane Herhert and Reta Kroll Corbett Kuhl, John and Charlene Lang, Lynda L-Can Recycling

Leedom, Marilyn

Legan Sandra

Lucido, Gary

Lilly, Mary and Stuart Lindsey, Carole S. Lindvig, Marilyn Little, John and Mary Long, Lorraine F. and Lawrence F. Lopez, Noreen

Lvon, Patricia Lytell, Joyce Macfie, Annette Maiewski, Laura and Mark Mansfield, Lorna Marchiano, Claire Marcus Robert P

Marin Steven Marshall Patricia G Martin, Gerald Martini, Caroline Matsumoto, Roy Matter, Thomas and Madelyn Mayo, Henry T. and

Irene C. Mazzanti, Martin and Nancy Mc Clelland, Elizabeth Mc Crudden Harriet McDonnell, lames R.

and Margulies, Linda I. McGovern, Mark Metz, Barbro Mewha, Patricia S. Michalek Gary Miller, Laurie

Monica, Tom J. and Maria H. Monteith, Brett Mosley, Judi Mt. Diablo Women's Club Myers, Judith Nagy, Edward and Sheryl

Nasstrom Sharon and John Nelson Saundra Odumakinde, Dr. E. A. Oliveira, Rosa Oliver, Ilona C. Olsen, Robert and Auguste

Patino, Damon and Cassidy, Patricia Pattinson Hugh M Peck, Eliot and Elva Peck, Julie

Peterson, Walter Phalen, Jesse Phillips, Pam

Pittsburg Adult Education Center Plant, Mariorie Pond, Cynthia M. G. and Randall Popenoe, Jr., Paul Potts, Jean D.

Powell, Jay E. and Cheryl R. Ranallo, Joan E. Rasmussen, Terrill Raumann Alice and Johannes Rayden, Mary

Rettig, Russell and Sharon Rice, Tamrin and David Richter, Joanne and Roland Riley, Barbara Ritchey, S. and Sharon Robinson, Nancy Roe, Lauren A. and Mark A

Roebuck, John M. Rogers, Mary Rollin, Robert and Vivian Roth, Marian Rothstein, Stuart and Michele Rowsey, Rosalie H.

Rubio, Mike and Pat Rudiger, Howard Saling, Tina L. and David P. Salusky, Monica Sandwell, George Scarborough, B. Schardt, Mary and William

Scheiner, Georgene Schriner, Mary Schwartz, Gary Sciortino, Constance Selig, Walter Sessler Robert & Judy Seward Patricia Shepherd Richard

Shieh, Li-Shyng and Laura Shoaf, Philip Shurtz, Bill and Grace Siegel, Mia Silbergh, Michael and Eleanor

Sinnott, James A. MEALS on WHEELS

Sims. Theresa

Sitton, leffery Skeahan Russell Slatten, Jackie and Robert Sodano, Denise A. Sorrels, Alice Sovish, Richard and Amelia Spiker, Donald and Conradine Sprague, Kathy Stack, Ruth Stafford, Annabel and James Stanley, Connie Stark, John Stedman, J. Russell and Jennifer A. Stinebaugh, Gary and Marsha

Storms, J. Michael & Mc Ardle-Storms, Therese Takahashi, Patricia and Steven Tapia, Richard C. and Colleen A. Taylor, Henry Tetlow, Margaret M The Graham Consulting Group Thom, Wilhelmina Thomas, William TNT Carpet Cleaning Tomlinson, William S. Tri-City Concrete Tri-Valley Community Foundation Villanueva, Peter Wade, Polly and Curt Wallace, Robert and Jane Walls, Leah Wayne, Lynne M. Webb, William Weidman, Elizabeth Weitl, Nancy B. and Frank O. White, Robert Whitman, Roberta Whitney, Colleen Wiley, Mary Williams Connie and George Williams Dick and Pat Williams, Mary Wilt, Michael and Gloria Winters, Julie Wong, Agnes Wong, Beatrice Wong, James T. K. and Florence M. M.

Woolsey, Sally Worley, Duane Xavier, Janet E. and Julian M. Young, Robert W. and Betty

Zavala, Gail and Richard 7eichner Ludith Zumwalt, Linda and lames Wayne Tynne M Weitl, Nancy B. and Frank O.

Whitman, Roberta Whitney, Colleen Wibbenhorst, Ann T. and Gary D. Wijewardene, Leonard and Linda Williams, Connie and George Wilt, Michael and Gloria

Wilts, Francis E. and Pauline J. Winton, Catherine Wong, James T. K. and Florence M. M. Xavier, Janet E. and Julian M.

Yates, Kathleen C. and R. C. Youngdale, Dara Zagon, Brian L. and Kimberly L. Zamora, Fr. Clarence Zeichner, Judith

Some information for our donors...

We don't share donor names or information with any other organization. We try to respect donor wishes about how often you want to receive appeals from us.

San Joaquin Yacht Club supports **Meals on Wheels over many years!**

Liz Vargas from Meals on Wheels (center) recently accepted a \$25,500 check, and she thanked the membership of the San Joaquin Yacht Club for the proceeds of annual charitable activities and events they sponsor to benefit Meals on Wheels. Over a 20-year period SIYC members have raised funds to provide 196,000 meals for East County homebound elders. Thank you so much for your wonderful commitment to your community.



Friends and loved ones remembered!

Show how much you care with a tax-deductible gift to Meals on Wheels in tribute to a special person or organization, to commemorate a special event, or in memory of someone important in your life. Meals on Wheels will send an appropriate card per your wishes to whomever you specify, expressing your sentiments and announcing receipt of your gift (but never the gift amount) and you will receive an acknowledgement letter.

Gift from...

Judith M. and David Gavin Harold Wright Margaret Fahrenholtz I.M. Wolverton Lee & Pat Egbert Olesta Urbach Henry Hoffman Gwendolyn Langosch Roxanne Casey Bonnie Seely Virginia Cowart AnMari Ericsson Mr. William L. Webb Jan Brown Lois & Roy Hope Kenneth Alborn Patti Ross Ms C Wullenweber Norma Fernandez Flizabeth & Kevin Lambert Mr. William L. Webb Mr. Eugene Franz Virginia Colling Leon Morphey Ms. Letty E. Clarke Mr. William L. Webb Mr Frank Gensheer Ms. Joann Buchanan Theresa Knopps Ron & Marilyn Stacy & Family Gerry & Judi Dinneen Sylvie Tjoei Bill & Rita Perez lames Hattum Mr. Donna Bickford Karen Holloway

Myron & Carolyn Bell

In memory of...

Joanne's Mother Dr. Stephen Wright Rosalia Hedlund Donna Wolverton Hattie Neill Leona Hoffman Frances Champlin Mary Sciortino Addie Lidy **Audrey Pite** Evelyn Iones Mr. & Mrs. Fremont Webb Louie Casipit Linda Wadsworth John Olson Don Resenberg Katie Dunn Mary Moore Grandfather Mr. & Mrs. Waymon D. Keel Robert U. Fisher Robert U. Fisher Claire Guichard Robert II Fisher lean K. Pund Oscar Karialainen Peter Suniga Mary Pauline Foster Mary Pauline Foster Guido Raymond Firpo Ratna Tjoei Adelaine Jones & Marilyn Walker James & Beverly Hattum My husband, Jack John Bickford Elizabeth B. lackson of El Cerrito

Gift from...

Jackie Fava Mr. & Mrs. E. Blackman Jackie Pels & Family Mr. & Mrs. James L. Atkins lean Potts Bonnie Seely Patricia S. Mewha Ken & Romba Maitoza Sandy Donatoni Marcia Holloway loe & Edie Farrel John & Kathy Kunstal Mr. William L. Webb Alsida M. Canton Chet & Judy Holm Barbara Tiffany Helen E. lensen Lee & Pat Egbert Judith Holm Liz Cortez Mildred Gentry Mr. & Mrs. Joseph Inderkum Bonnie Seely Bonnie Seely Fred Lorenzetti Dorothy L. Vincent Mrs Claudia Whitnah Lewis J. Feldman

In memory of...

James R. Bohannon, Jr. Sam Jorovsky May Komedal Nelson Fran Arizu Ron Costa Ann Fortuna Ernest R. LaSalle Mildred Martin Mildred Martin Mildred Martin Mildred Martin Jay Lester H. Fremont Webb Mildred Martin Essie Sickels Lupe Arballo Alma Faraone Mike Egbert Essie Sickels Cecilia Garcia Philip Haag Carl Rifbjerg Dr. Dick Sinnott Peggy Love Guido Lucchesi Thomas Mowbry Nadeah Elkins Winslow Briggs

Gift from...

Mr. & Mrs. Clifford Fornter Marsha Kent Moses Bradford Ms. Barbara Tiffany Mr. Gerry Dinneen Jennifer Noack Bonnie Seely Mr. & Mrs. Joe V. Deas Mr. & Mrs. Edward Blackman Mr. & Mrs. James Atkins Ms. Mary Lou Floyd Bernice Griffeath Ms. Elizabeth Sutton Dee Hilderbrandt Ms. Barbara Tiffany Valerie Baake Mr. & Mrs. Viscuso Phyllis Shaw Elsie Boarman Norman Carver Arlene Grimes Vilva Robinett Jean, Sue & Sharon Olsson Marie Lambert Richard Frisbie Blaine Fraker

Mary Ann Peck

In memory of...

Bill Henderson Eloise Hubbard James Spencer Lorraine Ertmer Robert Carslon William Noack Joe Shultz Dr. Allen Longshore E. Goldberg lim Pittman Leo Floyd Harlan Bordeau Iim Pittman Fred. J. Hildebrandt, Jr. Ruth Clark Geraldine Baake Carole Schroder RonNelson Dee Dee Ludolph Carl Fraasch Nick Calicurra Winnie Budke Comfort Olsson John M. George Laura Jean Frisbie Jean Sloan Larry Peck

Gift from...

Melody Howe Weintraub Sandy Baldwin Susan Brown Shelha Rurke Milt Camhi Reva Clark Vail Dutto/Intelegy Danna Fabella Luci Flynn Karen Gregory Nancy Grodhaus Leo Hopkins Joanna Kim-Selby Lennis Lyon Anita Mann Edgar Monk Iane Paulson Julie Peck Connie Rinne Elizabeth Rottger Robin Schaef Abby Schofield Linda Seiden Pat Sussman Patricia Tanquary Sharon Toth loe Valentine Flaine Welch

Donna Wigand

In tribute to...

Gift from... Donald Freitas--for his support Pat Bello Boh Sessler's Retirement Robert I White Bob Sessler's Retirement Jeffrey Chung Roh Sessler's Retirement Helen Purdy Bob Sessler's Retirement Eula Zinn Boh Sessler's Retirement Patti Ross Bob Sessler's Retirement Myrna Long Bob Sessler's Retirement Gene DeMar & Doris Sunayama Bob Sessler's Retirement Shana Malone Bob Sessler's Retirement Robert L. White Bob Sessler's Retirement Marie Brown Bob Sessler's Retirement Robert L. White Boh Sessler's Retirement Wanda laworski Bob Sessler's Retirement Beatrice Wong Boh Sessler's Retirement Robert I White Bob Sessler's Retirement Robert L. White Ioan Wahl Bob Sessler's Retirement Bob Sessler's Retirement William L. Webb Bob Sessler's Retirement Bonnie Seelv Bob Sessler's Retirement Sherman & Marsha Geeser Bob Sessler's Retirement Arline Conway Boh Sessler's Retirement Maxine Buxhaum Bob Sessler's Retirement Robert & Barbara Israel Arturo & Selma Santiago Bob Sessler's Retirement Bob Sessler's Retirement Eric & Zivile Rawson Boh Sessler's Retirement Harold & Martha Heller Bob Sessler's Retirement Florence Schwartz & Jeffrey Fox Bob Sessler's Retirement Alice Gregori Bob Sessler's Retirement **Bonnie Seely**

In tribute to...

Henry & Gladys Mercer The Drakes--Merry Christmas Mr & Mrs. Bill Chung The Barber Family Christmas David Berelson's 70th Birthday Christmas Don & Judy Foster Sally Hurtado Robert S. Drakes Birthday Bernice Vorhees Birthday Mom's Birthday Charles Jaworski on Father's Day Bonnie Seely's 80th Birthday Ginger's Birthday Regina Drake's Birthday Bonnie Seely's 80th Birthday Carolyn Campbell Jessie Kasden's Birthday Rube & Charlotte Werner's 50th Wedding Anniv. Rube & Charlotte Werner's 50th Wedding Anniv. Rube & Charlotte Werner's 50th Wedding Anniv. Rube & Charlotte Werner's 50th Wedding Anniv.

Rube & Charlotte Werner's 50th Wedding Anniv.

Rube & Charlotte Werner's 50th Wedding Anniv.

Rube & Charlotte Werner's 50th Wedding Anniv.

Rube & Charlotte Werner's 50th Wedding Anniv.



Mary Pauline Foster

Meals on Wheels of Contra Costa, Inc.

PO Box 3195 Martinez, CA 94553 **Business and Inquiries** about service, call toll free: 1-866-669-6697

www.mealsonwheelsofcontracosta.org

Editor: A. Paul Kraintz Contributing: Liz Vargas Design: Donaghu Graphic Designs

Essie Hyatt

Marie Tuthill



Who we are!

Meals on Wheels of Contra Costa, Inc. is a charitable nonprofit coalition of all the organizations involved in providing Meals on Wheels services in Contra Costa County. Through the generous gifts of our individual donors, charitable foundations,

businesses and civic groups, we subsidize a portion of all 300,000 Meals on Wheels delivered each year countywide by 400+ volunteers—meals which reach more than 2,200 nutritionally at-risk frail home bound elders.

We have no paid employees in our organization, but depend on the donated staff time from our member agencies and purchase clerical support on an as needed basis. **Our Mission:** We support homebound elders to maintain their health and dignity, and to live independently in the comfort and security of their ones.

Auto parts store supports MOW

SP Automotive Supply Sales Manager Steve Markus presents a check to Meals on Wheels of Contra Costa Secretary/Treasurer Paul Kraintz for the proceeds from a benefit fundraiser held at their annual Oakland Raiders game tailgate party for customers and staff.

In addition, Mr. Markus announced that SP Automotive Supply stores would now offer a **Meals on**



Wheels Volunteer Discount on auto parts and accessories at all store locations—including San Pablo, Martinez and Brentwood—as "a special thank you" for their dedication and service to the community.

Annual reports and Form 990

Most recent Meals on Wheels Annual Reports and Form 990 are available on our website, www.mealsonwheelsofcontracosta.org to view and print. If would like paper copies but lack Internet access, please call I -866-669-6697 for assistance.

Remembering Meals on Wheels

Meals on Wheels Legacy Circle members are an exclusive group of caring individuals who have made a Planned Gift in their Will or Trust to ensure that Meals on Wheels will be here for all the frail homebound elders who will need us in the years to come. Your planned gift may be in stocks, bonds, mutual fund shares, real estate or cash. Such assets can be gifted immediately with many tax advantages, or as Planned gifts and bequests in the future.

Meals on Wheels of Contra Costa is partnered with the East Bay Community Foundation for their 75 years experience in assisting charitable nonprofit organizations such as ours in receiving a variety of gifts. To join the Meals on Wheels Legacy Circle simply let us know of your intention to make a Planned Gift to Meals on Wheels. Please contact Paul Kraintz, Secretary/Treasurer of Meals on Wheels of Contra Costa at 925-646-9143 to discuss other planned giving options.

Health, independence and dignity for homebound elders



Meals on Wheels of Contra Costa, Inc. P.O. Box 3195 Martinez, CA 94553

Address Correction Requested

Nonprofit Org
US Postage
PAID
Martinez, CA
Permit No. 121